



SUNDAY, FEBRUARY 27, 2011

Frank Symonds 10km classic

(Start on Frank Symonds, Two Tower's, Matoo's, left around Jackrabbit, left down Red Fox hill, over Waldy's way, down and around Ursula's scream, Todd's Traverse, Panorama, Green Spruce and then finishing over roller coaster and into the stadium)

Frank Symonds 9 km skate

(Start on Frank Symonds, Two Tower's, Matoo's, left on Jackrabbit, Matoo's return into the stadium for a lap turn and do it again, finishing in the stadium)

Kids 2km Free technique

(Start on Frank Symonds, Two Tower's and Matoo's return)

TIME: 1300h interval start

START ORDER: Skate, classic then kids.

COST: Free to KNTA members. Trail fee and \$5.00 CCSAM race fee to non-members.

Trophy awarded for top male/female each category. Contact Tim Wehner 548-8147.